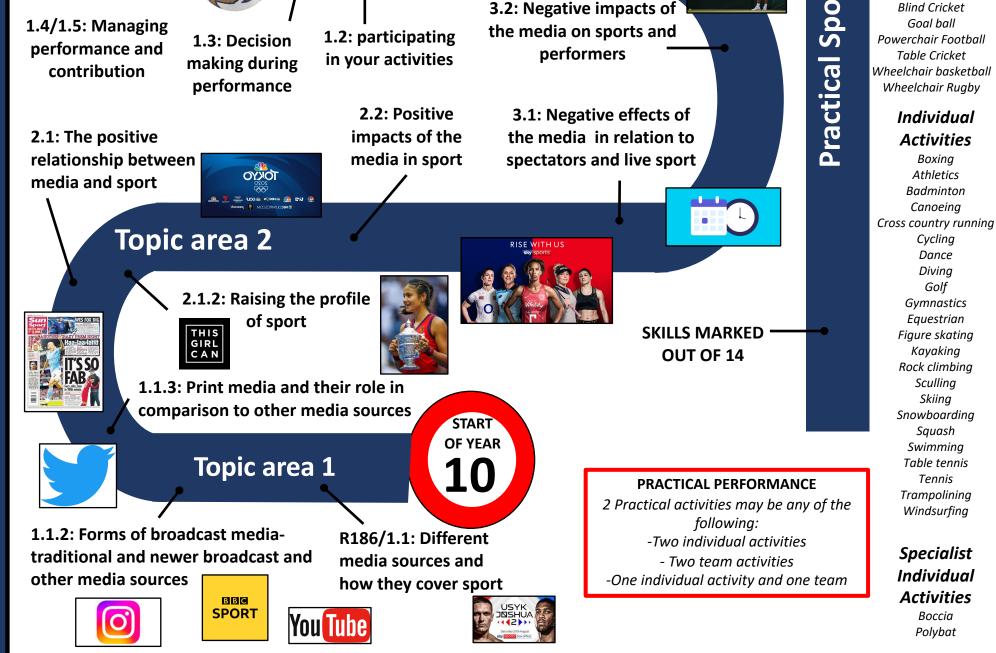


Physical Education at Pleckgate CNAT Sports Studies learning journey



	COMPONENTS	DETAIL	ASSESSMENT
 Careers in Sport Teaching Sports scientist Physiotherapist Sports coach Sports development officer Personal trainer 	Unit R185 Mandatory practical unit • Topic area 1 • Topic area 2 • Topic area 3 • Topic area 4 • Topic area 5	 Performance and leadership in sports activities Key components of performance Applying practice methods to support improvement in a sporting activity Organising and planning a sports activity session Leading a sports activity session Reviewing your own performance in planning and leading a sports activity session 	Assessed by PE staff Coursework
 Sports psychologist Sports analyst Sports journalist Sports masseuse 	Unit R186 Sport and the media • Topic area 1 • Topic area 2 • Topic area 3	 The different sources of media that cover sport Positive effects of the media in sport Negative effects of the media in sport 	Coursework Internally and externally assessed
3.2: Safety	3.3: Objectives to	5.1: Review your leadership of a	10
nisation when planning a sports sports session tivity ssion	meet the needs of the group	sports activity session	Team Spor Acrobatic Gymno Football Badminton Basketball Hurling Cricket
inisation when planning a sports sports session ctivity ession	the group and leadership in mprovement hance brove and of a spon activity set and of browe and of a spon activity set performan	session session n sports activities isation A.2: Leading a sports activity	Acrobatic Gymno Football Badminton Basketball Hurling





Physical Education at Pleckgate CNAT Sports Studies learning journey



Careers in Sport

- Teaching
- Sports scientist
- Physiotherapist
- Sports coach
- Sports development officer
- Personal trainer
- Sports psychologist
- Sports analyst
- Sports journalist
- Sports masseuse

COMPONENTS	DETAIL	ASSESSMENT
Unit R184 mandatory examined unit.	 Section A – 30 marks of multiple choice questions and a number of short to medium response questions Section B has 28 marks Section B and C have context based questions, short to medium response questions, extensive response analysis and evaluation questions 	1 hour 15 70 Marks – 40 %
Topic area 1	Issues which affect participation in sport	
Topic area 2	The role of sport in promoting values	
Topic area 3	 The implications of hosting a major sporting event for a city or country 	
Topic area 4	 The role NGBs play in the development of their sport 	
Topic area 5	The use of technology in sport	

