

LUNCHTIME MENU 2021 - 2022

All meat is halal
unless specified



Food Allergy Notice
Please be advised that food prepared and served here may contain:
Cereals containing gluten, Crustaceans, Eggs, Fish, Peanuts, Soy, Milk, Nuts, Celery & Celeriac, Mustard, Sesame seeds, Sulphur dioxide & sulphates, Lupin, Molluscs



Pleckgate
HIGH SCHOOL



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Mince and Potato Moussaka with Carrots & Peas	Toad in the Hole Mash or Roast Potato Broccoli Cauliflower & Gravy	Minced Lasagne Garlic Bread & Mixed Vegetables	Salmon & Leek Pasta Bake Sweetcorn & Carrots	Breaded Fish Herb Diced Potato Garden Peas
Vegetarian Meal	Cheese & Herb Frittata Seasoned Crispcuts Carrots & Peas	Macaroni & Spinach Pasta Bake Salad or Veg	Cheese & Tomato Quiche Jacket Wedges & Mixed Vegetables	Quorn Dippers Seasoned Twisters Sweetcorn & Carrots	Southern Style Burger Herb Diced Potato Garden Peas
Jacket Potato & Filling	A Choice of Beans, Cheese or Tuna with But- ter & Fresh Salad	A Choice of Beans, Cheese or Tuna with Butter & Mixed Salad	A Choice of Beans, Cheese or Tuna with Butter & Fresh Salad	A Choice of Beans, Cheese or Tuna with Butter & Mixed Salad	A Choice of Beans, Cheese or Tuna with Butter & Fresh Salad
Snack Meal	Fish Cake in Crumb Seasoned Crispcuts Carrots & Peas	Cheese & Onion Pasty Mash or Roast Potato Beans or Veg	Onion Bhaji Jacket Wedges Mixed Vegetables	Cheese & Pepper Pizza Slice Seasoned Twisters Sweetcorn & Carrots	Minced Beef Burger Herb Diced Potato Garden Peas
Joes Curry Pot	Joes Chicken Curry Pot Boiled Rice & Naan	Joes Chicken Curry Pot Boiled Rice & Naan	Joes Chicken Curry Pot Boiled Rice & Naan	Joes Chicken Curry Pot Boiled Rice & Naan	Joes Chicken Curry Pot Boiled Rice & Naan
Joes Wrap	Chicken Wrap Seasoned Crispcuts & Salad	Chicken Wrap Roast Potato & Salad	Chicken Wrap Jacket Wedges & Salad	Chicken Wrap Seasoned Twisters & Salad	Chicken Wrap Diced Potato & Salad
Sweet Treat	Orange Sponge Vanilla Sauce	Cornflake Cake Custard	Jam Roly Poly Custard	Apple & Pear Sponge White Sauce	Chocolate Sponge Custard

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Tandoori Chicken Breast Seasoned Crisscuts Sweetcorn & Carrots	Shepherds Pie Broccoli & Cauliflower	Spaghetti Bolognaise	Salmon & Broccoli Bake with a creamy mash topping Medley of Veg	Breaded Fish Herb Diced Potato Garden Peas
Vegetarian Meal	Vegetable Lasagne Garlic Bread Salad or Veg	Quorn Fillets in Gravy Yorkshire Pudding Mash or Roast Potato Broccoli & Cauliflower	Cheese & Onion Pie Jacket Wedges Carrots & Peas	Vegetable Pocket Naan Seasoned Twisters & Salad	Southern Style Burger Herb Diced Potato Garden Peas
Jacket Potato & Filling	A Choice of Beans, Cheese or Tuna with Butter & Fresh Salad	A Choice of Beans, Cheese or Tuna with Butter & Mixed Salad	A Choice of Beans, Cheese or Tuna with Butter & Fresh Salad	A Choice of Beans, Cheese or Tuna with Butter & Mixed Salad	A Choice of Beans, Cheese or Tuna with Butter & Fresh Salad
Snack Meal	Fishcake in Crumb Seasoned Crisscuts Sweetcorn & Carrots	Cheese & Onion Pasty Mash or Roast Potato Beans or Veg	Onion Bhaji Burger Jacket Wedges Carrots & Peas	Cheese & Sweetcorn Pizza Seasoned Twisters Medley of Veg	Mince Beef Burger Herb Diced Potato Garden Peas
Joes Curry Pot	Joes Chicken Curry Pot Boiled Rice & Naan	Joes Chicken Curry Pot Boiled Rice & Naan	Joes Chicken Curry Pot Boiled Rice & Naan	Joes Chicken Curry Pot Boiled Rice & Naan	Joes Chicken Curry Pot Boiled Rice & Naan
Joes Wrap	Chicken Wrap Seasoned Crisscuts & Salad	Chicken Wrap Roast Potato & Salad	Chicken Wrap Jacket Wedges & Salad	Chicken Wrap Seasoned Twisters & Salad	Chicken Wrap Herb Diced Potato & Salad
Sweet Treat	Apple Caramel Crumble Custard	Pineapple Sponge White Sauce	Banana Cake Vanilla Sauce	Rice Pudding Jam	Chocolate Sponge Custard