



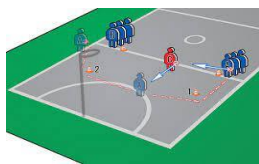
Cambridge National Sports Studies Learning Journey



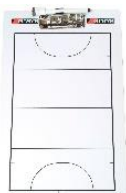
Careers in Sport

- Teaching
- Sports scientist
- Physiotherapist
- Sports coach
- Sports development officer
- Personal trainer
- Sports psychologist
- Sport events manager
- Sports journalist
- Nutritionist

COMPONENTS	DETAIL	ASSESSMENT
R051	Contemporary issues in sport	1 hour exam 60 marks
R052	Developing sports skills	Practical coursework 60 marks



- LO4- Be able to apply practice methods to support improvement in sporting activity
- Identifying areas to improve
 - Types of skills
 - Types of practice
 - Methods to improve own performance
 - Measuring improvement in skills, techniques and strategies



Mock exams and preparation for resit exams

R052 Developing sports skills

LO2- Be able to use skills, techniques and tactics/ strategies/ compositional ideas as an team performer in a sporting activity

LO1- Be able to use skills, techniques and tactics/ strategies/ compositional ideas as an individual performer in a sporting activity

R052 Developing sports skills
Develop skills, techniques and use of tactics/ strategies in both team and individual sports



Be able to officiate in a sporting activity

- Applying rules
- Accuracy and signals
- Communication
- Positioning



Mock exams and preparation for January exam series



R051 examination



LO4-Role of NGB's in sport

- What NGB's do
- Promotion, development and infrastructure
- Policies and initiatives
- Funding and support



LO2 - Roles in promoting values

- Values promoted through sport
- Values, initiatives and events
- Etiquette and sporting behaviour
- Drugs in sport and ethical behaviour



LO3-Understanding the importance of hosting major sports events

- sports events
- Features of events
- Regularity/Scheduling
- Internal element
- Potential legacy
- Benefits/ drawbacks of hosting

R051 Contemporary issues in sport

R051

LO1- Issues which affect participation in sport

- Different user groups
- Possible barriers
- Solutions



SKILLS MARKED OUT OF 15



PRACTICAL PERFORMANCE
2 Practical activities comprising of 1 team sport and 1 individual sport

TEAM SPORTS

- Football
- Badminton
- Basketball
- Hurling
- Cricket
- Dance
- Gaelic Football
- Handball
- Hockey
- Lacrosse
- Netball
- Rowing
- Rugby
- Squash
- TT
- Tennis
- Volleyball
- Blind Cricket
- Goal ball
- Powerchair Football
- Table Cricket
- Wheelchair basketball
- Wheelchair Rugby

INDIVIDUAL SPORTS

- Boxing
- Athletics
- Badminton
- Canoeing
- Cycling
- Table tennis
- Tennis
- Diving
- Gold
- Gymnastics
- Equestrian
- Kayaking
- Rock climbing
- Sculling
- Skiing
- Snowboarding
- Trampoline
- Boccia
- Polybat

Practical Sport

Introduction to Sport Studies

- What is CNAT Sport Studies?
- Expectations of the course
- Begin to think of Sports for R052



Careers in sport

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- Personal trainer
- Sports psychologist
- Sport events manager
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COMPONENTS	DETAIL	ASSESSMENT
RO54	Sport and the media	Coursework 60 marks
RO55	Working in the sports industry	Coursework 60 marks



Leave Pleckgate High School with a CNAT qualification and lifelong love of PE and sport



LO3- Be able to apply for jobs in the sports industry

- Sources of information
- Key aspects to consider in researching jobs in the sports industry
- How to create a CV
- How to prepare for an interview
- Key considerations when producing a personal career plan



LO4- Understand the impacts which the sports industry has on the UK

- Economic impacts
- Social impacts
- Health impacts



END OF YEAR
11

Final coursework moderation

Final practical moderations

Final coursework deadline

LO2- Know the skills and knowledge required to work within the sports industry

- Skills that can be applied to different roles in the sports industry
- Knowledge which can be applied to different roles in the sports industry



LO1-Know the areas of employment within the sports industry



BBC SPORT

LO5-Evaluating media coverage of sport

- Aspects which may influence the coverage of a story/item
- Features of the coverage which may vary from one media outlet to another

RO55- Working in the sports industry

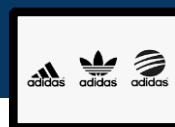
LO3- Understand the negative effects that the media can have on sport

- Decline in live spectatorship
- Loss of traditional sporting values
- Media coverage of inappropriate behaviour
- Increased pressure on officials
- Newspapers dominated by a few sports
- Saturation



LO4- Understand the relationship between sport and the media

- How media uses sport to promote itself
- How sport uses the media to promote itself
- Sport as a commodity
- Sponsorship and advertising
- Adoption and rejection of sporting heroes by the media
- How scrutiny through the media have increased
- Pay per view



LO1- Know how sport is covered across the media

- How sport is covered by TV, written press, radio, and the internet

LO2- Understand positive effects that the media can have on sport

- Increased exposure of minority sports
- Increased promotional opportunities
- Education
- Increased income
- Inspiring people to participate
- Competition between sports and clubs



SKILLS MARKED OUT OF 15

RO54- Sport and the media

START OF YEAR
11

Completion of AOP
RO52- LO4

PRACTICAL PERFORMANCE
2 Practical activities comprising of 1 team sport and 1 individual sport.

TEAM SPORTS

Football
Badminton
Basketball
Hurling
Cricket
Dance
Gaelic Football
Handball
Hockey
Lacrosse
Netball
Rowing
Rugby
Squash
Tennis
Volleyball
Blind Cricket
Goal ball
Powerchair Football
Table Cricket
Wheelchair basketball
Wheelchair Rugby

INDIVIDUAL SPORTS

Boxing
Athletics
Badminton
Canoeing
Cycling
Table tennis
Tennis
Diving
Gymnastics
Equestrian
Kayaking
Rock climbing
Sculling
Skiing
Snowboarding
Trampoline
Boccia
Polybat
Ice skating
Sailing

Practical Sport

