

YEAR 8 CURRICULUM MAP: PE		Aims: Pupils, <ul style="list-style-type: none">develop competence to excel in a broad range of physical activities.are physically active for sustained periods of time.engage in competitive sports and activitieslead healthy active lives.						EOY Assessment Point	
Lessons taught on a carousel following a programme of Study								HT 6	Assessments take place after each individual activity and recorded
								HT 5	Athletics: Health and safety aspects / Laws of the events. Develop technique and performance in; Track events (running) and field events (throwing and jumping) - focus on technique / identifying good technique and areas to develop. - Use of English Schools athletics records to establish bronze, silver and gold awards in events. Cricket: Develop knowledge of laws of the game. Develop technique and performance <ul style="list-style-type: none">Batting (attacking and defensive)Bowling techniqueFielding skills (throwing, catching short and long barrier)Demonstrate consistency and accuracy in techniquesIdentify strengths and areas for development.
									Analysis of performance throughout all sports focusing on identifying strengths and areas for development.
									Key areas of National curriculum Invasion games Net/Court games: Badminton, table tennis O.A.A Striking / fielding games: Performing at maximum levels: Athletics Gymnastics Fitness Key Concepts Activity
									Warm up/cool down Muscles and bones. Cardiovascular system/ respiratory system Components of fitness. Sportsmanship and etiquette.

KS3 Key

- Invasion games
- Net games
- O.A.A
- Strike/field games
- Performance (athletics)
- Gymnastics (aesthetic activity)
- Fitness
- E.C / inter tutor focus
- Youth Sport Trust 'Active Healthy Minds' to support life skills.
- *Year 9 - Theory unit - Yellow

KS4 Key

- GCSE
- CNAT
- Core PE
- E.C
- Assessment/deadlines/exams
- *Core PE comments link directly to practical performance in GCSE PE and CNAT Sports Studies.