YEAR 8 CURRICULUM MAP: PE	<ul> <li>Aims: Pupils,</li> <li>develop competence to excel in a broad range of physical activities.</li> <li>are physically active for sustained periods</li> </ul>							EOY Assessment Point Assessments take
Lessons taught on a	<ul> <li>are physically active for sustained periods of time.</li> <li>engage in competitive sports and activities</li> </ul>						place after each individual activity an	
carousel following a programme of Study	<ul> <li>lead healthy active lives.</li> </ul>			HT 4 Assessment Point		HT 5 Rounders:	Athletics: Health and safety	recorded
			HT 3	Badminton: Develop technique and	Assessments take place after each individual	Develop knowledge of laws of the game. Develop technique and	aspects / Laws of the events. Develop technique and performance in;	Analysis of performance throughout all sports
	HT 2	Assessment Point	Table Tennis: Develop technique/	performance. Review / develop consistency and	activity and recorded	<ul><li>performance</li><li>Batting</li></ul>	Track events (running) and field events	identifying strength
HT 1 Netball: Develop technique and	Football: Develop technique/ performance, to	Assessments take place after each individual activity and recorded	performance - Service (develop use of spin)	accuracy: - Short Service - High Service - Overhead Clear	<u>Key Concepts</u> Activity	<ul> <li>Bowling technique</li> <li>Fielding skills (throwing, catching short and long barrier)</li> </ul>	(throwing and jumping) - focus on technique / identifying	and areas for development.
performance, showing increased consistency and accuracy	demonstrate more consistency and accuracy - Passing (various	<u>Key Concepts</u> Activity	<ul> <li>Push shot review</li> <li>Forehand Drive</li> <li>Backhand Drive</li> <li>Chop</li> </ul>	<ul> <li>Drop Shot</li> <li>New skills:</li> <li>Smash shot</li> </ul>	Components of fitness. Sportsmanship and	Use tactical knowledge and strategy to outwit opponents.	good technique and areas to develop. - Use of English Schools athletics	Key areas of Nationa curriculum
<ul> <li>Passing (varied type and distance)</li> <li>Footwork</li> <li>Shooting</li> </ul>	distances) - Dribbling (control and turns)	Warm up/cool down – How a warm up is done effectively and the	- Use shots effectively to outwit opponent consistently	<ul> <li>Net shot</li> <li>Consistent use of various shots to outwit opponents.</li> </ul>	etiquette Analysis of performance throughout all sports,	<ul> <li>Identify strengths and areas for development.</li> <li>Handball:</li> </ul>	records to establish bronze, silver and gold awards in	Invasion games Net/Court games: Badminton, table tennis
<ul> <li>Defending</li> <li>Games: Small sided games. Use tactics /</li> </ul>	<ul> <li>Control</li> <li>Shooting</li> <li>Games: Small sided games.</li> </ul>	reasons why. Students begin to lead sections of a warm up.	<ul> <li>Identify strengths/ areas for development.</li> </ul>	- Identify strengths/ areas for development.	focusing on <b>identifying</b> strengths and areas for development.	Develop technique and improve performance - Passing (varied type	events. Cricket: Develop knowledge of	O.A.A Striking / fielding games:
strategies to outwit opponents demonstrating control and	Develop knowledge of tactics and how to	Muscles and bones – Review the location of muscles and bones in	Orienteering: Problem solving and teamwork skills:	Gymnastics: Improve performance - Travel, how can we move in gymnastics at	Fitness: - Develop knowledge and understanding	and distance) - Dribbling - Shooting - Small sided games,	laws of the game. Develop technique and performance	Performing at maximum levels: <u>Athletics</u> Gymnastics
accuracy. - Develop knowledge of laws of the game.	use them to outwit opponents. - Identify strengths and areas for	the body. How do they work together? Cardiovascular system/	Review of map reading skills, using a map key and identifying	different levels? - Balance, consistent use of tension and	of fitness and the different components of	to outwit opponents, with consistency.	<ul> <li>Batting (attacking and defensive)</li> <li>Bowling technique</li> </ul>	Fitness Key Concepts Activity
<ul> <li>Identify strengths and areas for development.</li> </ul>	development.	respiratory system – How do we feel during exercise and why?	landmarks. Develop use of thumbing the map, use of hand rails and attack	extension in performance for single and partner balances,	fitness - Conduct fitness tests and record	- Identify strengths and areas for development.	<ul> <li>Fielding skills (throwing, catching short and long barrier)</li> </ul>	Warm up/cool down Muscles and bones.
<ul> <li>Youth Sports Trust active healthy minds, to support life skills (ongoing throughout the</li> </ul>	Focus / Intra school competition HT1 – HT4 Football , netball, badminton, table		points. Completion of fixed red and blue course, and creation of individual courses which are	aesthetically strong - Analyse performance and identify strengths and areas for development.	results - Evaluate and know how to improve fitness Fitness incorporated throughout all	Extra Curricular Focus / Intra school competition HT5 – HT6 Cricket, rounders, athletics.	<ul> <li>Demonstrate consistency and accuracy in techniques</li> <li>Identify strengths</li> </ul>	Cardiovascular system/ respiratory system Components of fitness. Sportsmanship and
year)	tennis, handball.		intellectually and physically challenging.		topics.		and areas for development.	etiquette.

## KS3 Key

- Invasion games
- Net games
- O.A.A
- Strike/field games
- Performance (athletics)
- Gymnastics (aesthetic activity)
- Fitness
- E.C / inter tutor focus
- Youth Sport Trust 'Active Healthy Minds' to support life skills.
- \*Year 9 Theory unit Yellow

## KS4 Key

- GCSE
- CNAT
- Core PE
- E.C
- Assessment/deadlines/exams
- \*Core PE comments link directly to practical performance in GCSE PE and CNAT Sports Studies.