YEAR 7 CURRICULUM MAP: PE

Lessons taught on a carousel following a programme of Study

HT 1	HT 2	*Assessment Point: Summative or AFL*	HT 3	HT 4	*Assessment Point: Summative or AFL*	HT 5	HT 6	EOY Assessment Point
Invasion games: Football, handball, netball Laws of the game controlling, passing Net games: Badminton, table tennis Basic Laws Service techniques Develop shots and shot selection O.A.A: Orienteering Map reading, controls and hand rails/ red course Aesthetics: Dance, gymnastics, fitness Balance techniques Movement Replication **E.C Focus** Football , netball, badminton, table tennis, fitness **Intertutor** Football and netball/ benchball YST ACTIVE HEALTHY MINDS	Invasion games: Football, handball, netball Laws of the game controlling, passing Net games: Badminton, table tennis Basic Laws Service techniques Develop shots and shot selection O.A.A: Orienteering Map reading, controls and hand rails/ red course Aesthetics: Dance, gymnastics, fitness Balance techniques Movement Replication **E.C Focus** Football , netball, badminton, table tennis, fitness **Intertutor** Football and netball/ benchball YST ACTIVE HEALTHY MINDS	*Assessed on doddle every 4 weeks* *Key Concepts* **Activity** Warm up/cool down. Muscles and bones. Cardiovascular system/ respiratory system	Invasion games: Football, handball, netball Laws of the game controlling, passing Net games: Badminton, table tennis Basic Laws Service techniques Develop shots and shot selection O.A.A: Orienteering Map reading, controls and hand rails/ red course Aesthetics: Dance, gymnastics, fitness Balance techniques Movement Replication **E.C Focus** Football , netball, badminton, table tennis, fitness **Intertutor** Football and netball/ benchball YST ACTIVE HEALTHY MINDS	Invasion games: Football, handball, netball Laws of the game controlling, passing Net games: Badminton, table tennis Basic Laws Service techniques Develop shots and shot selection O.A.A: Orienteering Map reading, controls and hand rails/ red course Aesthetics: Dance, gymnastics, fitness Balance techniques Movement Replication **E.C Focus** Football , netball, badminton, table tennis, fitness **Intertutor** Football and netball/ benchball YST ACTIVE HEALTHY MINDS	*Assessed on doddle every 4 weeks* *Key Concepts* **Activity** Components of fitness. Sportsmanship and etiquette	Striking and Fielding Games Basic laws Catching, throwing, batting, bowling Performing at maximum levels Laws of the events Track events – technique / analysis Field events – technique / analysis **E.C focus** Cricket, Athletics/Rounders **Intertutor** Cricket/ Rounders YST ACTIVE HEALTHY MINDS	Striking and Fielding Games Basic laws Catching, throwing, batting, bowling Performing at maximum levels Laws of the events Track events – technique / analysis Field events – technique / analysis **E.C focus** Cricket, Athletics/Rounders **Intertutor** Cricket/ Rounders YST ACTIVE HEALTHY MINDS	Key areas of National curriculum Invasion games Net games: Badminton, table tennis O.A.A Strike/ fielding games: Performing at maximum levels: Athletics Key Concepts **Activity** Warm up/cool down. Muscles and bones. Cardiovascular system/ respiratory system Components of fitness. Sportsmanship and etiquette.