

YEAR 8 CURRICULUM MAP: PE							EOY Assessment Point
						HT5	<p>Key Knowledge Invasion games</p> <p>Net games: Badminton, table tennis</p> <p>O.A.A</p> <p>Strike/ fielding games: Performing at maximum levels: Athletics</p> <p><u>Key Concepts</u> Activity</p> <p>NGBs Components of fitness Applying principles of training</p> <p>Preventing injury Health fitness and well being Diet and nutrition</p>
						HT6	
						HT4	<p>Assessed on <i>doddle</i> every 4 weeks</p> <p><u>Key Concepts</u> Activity <i>Preventing injury</i> <i>Health fitness and well being</i> <i>Diet and nutrition</i></p>
						HT3	
						HT2	<p>Assessment Point: <i>Summative or AFL</i></p> <p>Assessed on <i>doddle</i> every 4 weeks</p> <p><u>Key Concepts</u> Activity</p> <p>NGBs <i>Components of fitness</i> <i>Applying principles of training</i></p>
						HT1	
							<p>Invasion games: Football, handball, netball , Laws of the game controlling, passing, dribbling, shooting</p> <p>Net games: Badminton, table tennis Basic Laws Service techniques Develop shots and shot selection</p> <p>O.A.A: Orienteering Map reading, controls and hand rails/ blue course</p> <p>Aesthetics: Dance, gymnastics, fitness Balance techniques Movement Replication, sequences</p> <p><u>E.C Focus</u> Football , netball, badminton, table tennis, fitness <u>Intertutor</u> Football and netball/ benchball</p> <p>YST ACTIVE HEALTHY MINDS</p>
							<p>Invasion games: Football, handball, netball , Laws of the game controlling, passing, dribbling, shooting</p> <p>Net games: Badminton, table tennis Basic Laws Service techniques Develop shots and shot selection</p> <p>O.A.A: Orienteering Map reading, controls and hand rails/ blue course</p> <p>Aesthetics: Dance, gymnastics, fitness Balance techniques Movement Replication, sequences</p> <p><u>E.C Focus</u> Football , netball, badminton, table tennis, fitness <u>Intertutor</u> Football and netball/ benchball</p> <p>YST ACTIVE HEALTHY MINDS</p>
							<p>Invasion games: Football, handball, netball Laws of the game controlling, passing, dribbling, shooting</p> <p>Net games: Badminton, table tennis Basic Laws Service techniques Develop shots and shot selection</p> <p>O.A.A: Orienteering Map reading, controls and hand rails/ blue course</p> <p>Aesthetics: Dance, gymnastics, fitness Balance techniques Movement Replication, sequences</p> <p><u>E.C Focus</u> Football , netball, badminton, table tennis, fitness <u>Intertutor</u> Football and netball/ benchball</p> <p>YST ACTIVE HEALTHY MINDS</p>
							<p>Invasion games: Football, handball, netball Laws of the game controlling, passing, dribbling, shooting</p> <p>Net games: Badminton, table tennis Basic Laws Service techniques Develop shots and shot selection</p> <p>O.A.A: Orienteering Map reading, controls and hand rails/ blue course</p> <p>Aesthetics: Dance, gymnastics, fitness Balance techniques Movement Replication, sequences</p> <p><u>E.C Focus</u> Football , netball, badminton, table tennis, fitness <u>Intertutor</u> Football and netball/ benchball</p> <p>YST ACTIVE HEALTHY MINDS</p>
							<p>Invasion games: Football, handball, netball Laws of the game controlling, passing, dribbling, shooting</p> <p>Net games: Badminton, table tennis Basic Laws Service techniques Develop shots and shot selection</p> <p>O.A.A: Orienteering Map reading, controls and hand rails/ blue course</p> <p>Aesthetics: Dance, gymnastics, fitness Balance techniques Movement Replication, sequences</p> <p><u>E.C Focus</u> Football , netball, badminton, table tennis, fitness <u>Intertutor</u> Football and netball/ benchball</p> <p>YST ACTIVE HEALTHY MINDS</p>