



PSHE AT PLECKGATE YEAR 9 LEARNING JOURNEY



YEAR
10

Summer Preparation for KS4



Lesson 20: Staying Safe and Looking Ahead

STAY SAFE

Lesson 19: How to cope with stress

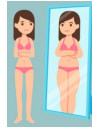


End of year 9 Evaluation

Lesson 15: Vaping, nicotine and addiction:



Lesson 16: Body image, the media and eating disorders



Lesson 18: Health Risks PT1 and PT2



Lesson 17: Knife Crime



Lesson 14: Drugs and the law



Lesson 13: Alcohol awareness



Lesson 12: Rest and recovery and Sleep



Term 3

Lesson 11: Healthy behaviours & Attitudes to health



Lesson 7: Sexting



Lesson 8: Unifrog Interests profile



Lesson 10: GCSE's Choices, choices



Term 2

Lesson 6: Managing the end of a relationship



Lesson 9: Unifrog Personality profile



Lesson 5: Contraception



Lesson 3: Freedom and capacity to consent



Lesson 1: Welcome to Year 9 PSHE: What will I learn?



Term 1

Lesson 4: Sexual health



Lesson 2: Respectful relationships and behaviours

YOUR JOURNEY >>> STARTS HERE

