



# PSHE AT PLECKGATE YEAR 10 LEARNING JOURNEY



## Lesson 3: Health and Safety in the Workplace

Correctly identify a variety of possible Health and Safety hazards that can arise at work and how employers and employees must negotiate these. Explain why workplaces must abide by Health and Safety procedures.



## Lesson 4: The Negatives of Pornography

Describe how pornography presents a distorted picture of sexual behaviours that can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners.



## Lesson 3: What is good sex?

Correctly identify what makes good, safe, healthy sex. Describe the factors we need to consider to enjoy a healthy sex life, what is normal and healthy and why.

YEAR  
**11**

HT6

## Lesson 2: Job Interviews

Correctly identify good ways to prepare for a job interview. Explain why some applicants would be picked over others.

## Lesson 1: What is the Right Career for me?

Identify how we can research careers successfully. Evaluate the most important factors to take into account when choosing a career.

## Lesson 2: Online Dating

Describe how to stay safe when using online dating apps. Describe in detail how to use online dating apps safely and successfully. Explain the importance of and how we can stay safe when using online dating apps and on our first dates.



## Lesson 1: Role Models

Identify what makes someone a positive or negative role model. Describe in detail the issues young people face when they idolise poor role models.

## Lesson 3: Illegal Drugs

Describe some negative effects of both legal and illegal drugs and explain how both legal and illegal drugs affect and can harm the body.



HT5

## Lesson 1: Relationship Types

Describe different types of 'non traditional' relationships and ways we can make our school more LGBT+ inclusive. Explain how we can take our best ideas for an inclusive school and put them into practice.



## Lesson 2: Binge Drinking

Describe the effects of binge drinking on the body and both the long and short term consequences. Explain how binge drinking affects different organs in the long and short term. Analyse why people still binge drink despite knowing the consequences.



HT4

## Lesson 2: Challenging Prejudice and Discrimination

Explain why it's important to promote and celebrate inclusion and diversity. Describe safe ways of challenging prejudice and discrimination.



## Lesson 1: Misinformation Online

Describe the negative consequences of being exposed to inaccurate or extremist content online. Explain some ways to spot inaccurate content online.



HT3

## Lesson 3: Community Cohesion

Describe ways in which community cohesion can improve society. Evaluate how the positive and negative consequences of poor community cohesion and analyse why this may have come about.

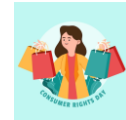


## Lesson 1: How can I avoid Debt?

Correctly identify ways we can avoid debt and stay financially savvy through case studies. Analyse how poor financial circumstances can be avoided in the future by savvy financial planning in the present.

## Lesson 4: The Risks of Gambling

Explain the reasons people may become addicted to gambling. Describe how gambling companies' tactics can lead to addiction. Identify the negative consequences of gambling company tactics and the thinking errors they create.



## Lesson 2: Consumer Rights

Describe why we have consumer rights and what these rights are in particular circumstances. Explain the responsibilities sellers have in upholding consumer rights.

HT2

## Lesson 4: Mindset

Recognise strengths in themselves and how to develop them. Identify strengths in others. Develop self-awareness of their own strengths.



## Lesson 3: Healthy Body, Healthy Mind

Identify what good physical health and mental wellbeing is. Understand the links between a healthy body and a healthy mind. Explore top tips to keep your physical and mental health in check.



## Lesson 3: Financial Choices

Describe different types of employment contracts. Explain the opportunities and risks involved in financial decisions. State their consumer rights if they have purchased a damaged or faulty item.



HT1

**Lesson 1:**  
Introduction to PSHE in Year 10  
What will I learn?



YOUR JOURNEY  
STARTS HERE



## Lesson 2: My Mind

Identify the types of things that affect our mind. Understand the positive and negative effects of our minds. Know the essential daily activities which contribute to having healthy mind.