

PSHE AT PLECKGATE YEAR 7 LEARNING JOURNEY



Summer Preparation

Review of learning

6. How to choose a career?

- Be aware of new terminology such as labour market information, prospects,
- Understand that looking at the key factors will help you to consider the pros of jobs

5. Get involved

- Identify extra-curricular activities you do in and outside school
- Consider and identify skills associated with, used by and demonstrated by these activities
 - Understand that extra-curricular activities are beneficial because they develop skills employers value.

YEAR

End of year **Evaluation**

RSE- Intimate and Sexual Relationships- Year 7 Science

Human Reproduction

DREAM TOB



1. Why is education important?

- Understand the importance of education and the ways in which it can help you to achieve in the future
- Understand that not every child is given the opportunity to learn.

SLD 2 (RSE)

- Making sense of relationships
- Healthy relationships
- Gender stereotypes
- Safer online relationships
- Be kind This Morning Campaign

2. Developing a can do attitude

- Understand that it is essential to develop a 'can do' attitude
- Consider your own 'mindset' and whether it may prevent you from reaching your full potential.

4. Who is in my network?

- Understand the networks that exist throughout life
- Be able to give examples of people in your networks
- Understand how to use networks in all areas of your life
- Be aware that not all networks are beneficial



RSE-Intimate and Sexual Relationships-Year 7 RE

Rights, relationships and responsibilities

RSE- Families- Year 7 RE

Rights, relationships and responsibilities

3. Examination preparation



RSE- Respectful Relationships-Year 7 RE

responsibilities

Review of





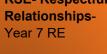
5. Hobbies

- Understand the importance of hobbies in life
- Identify personal hobbies to pursue

3. Challenge

- Understand the benefits of facing challenges
- Develop teamwork skills to face new challenges
- Set yourself some mini-challenges





Rights, relationships and

Understand the importance &

benefits of a balanced life

your target areas

LITWW Term 3

7. Responsibility

responsible

Understand what being

Identify the importance of being

responsible means

Plan ways to be more



6. Achievement

- Understand the importance of achieving in life
- Create your own crazy goals and achievement plan

Review

of

learning

pportunity

4. Opportunities

- Understand the importance of taking opportunities
- Identify ways to seize the moment

SLD 1(H&W)

- Personal hygiene
- **Puberty**
- **Emotional** changes

rest

Body image Exercise and

2. Personal Growth Pt 2

- Identify ways in which you want to develop yourself
- Make a personal growth plan to achieve your life





6. Balance

5. Healthy Habits

Revisit your wheel of life & address responsible in life

- Understand the importance of healthy habits
- Set yourself health goals for life
- Take on a 7 day healthy habits challenge

H&W **Assembly:** Puberty - Girls Focus

Year 7 RE

Understand what is meant by personal growth



RSE- Respectful Relationships-

Prejudice and Discrimination



4. Making choices Part 2

- Identify ways to make better decisions
 - Map out different options and consequences of decision-making

2. My Lifestyle

RSE- Online and Media-

Year 7 ICT

E-safety

Demonstrate what contributes to a healthy lifestyle and understand the concept of balance.

H&W

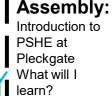
Term

2

- Take personal responsibility of your own lifestyle
- Understand how to make smart, safe and informed healthy lifestyle choices











3. Making choices Part 1

- Understand the importance of choices Identify options which are available to you
- Understand how to make smart, safe and informed healthy lifestyle choices



1. My Life introduction

- Identify important things in your life
- Evaluate the aspects which contribute to your life
- Understand and determine your life purpose

